

PERSONAL MONITOR DATA COLLECTION:

DAY/DATE 1	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 2	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 3	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 4	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 5	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 6	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 7	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			