PERSONAL MONITOR DATA COLLECTION:

DAY/DATE 1	PERSONAL MEASURES	Morning	EVENING	AVERAGE
•	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 2	PERSONAL MEASURES	Morning	EVENING	Average
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
	,			
DAY/DATE 3	PERSONAL MEASURES	Morning	EVENING	Average
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 4	PERSONAL MEASURES	Morning	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 5	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
DAY/DATE 6	PERSONAL MEASURES	Morning	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			
D15 =		•		
DAY/DATE 7	PERSONAL MEASURES	MORNING	EVENING	AVERAGE
	BODY TEMPERATURE			
	RESPIRATIONS/MINUTE			
	PULSE OXIMETRY			
	HEART BEATS/MINUTE			

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